



Aarohi



NEWSLETTER

July to Sept 2020

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CREATIVE STORY WRITING WORKSHOP



It is rightly said that stories are recognizable patterns, and in those patterns, we find meaning. We use stories to make sense of our world and to share that understanding with others. With this belief, Aarohi organised a story writing workshop for teachers from the local community, with Jayesh Mohta, a theatre-in-education practitioner, facilitating it. The workshop had interactive, fun exercises on perspective-building, imagination, characterization, writing flow, and presentation. Participants worked on different story-writing nuances, developed stories, and presented them as a team. The teachers found this initiative interesting and engaging.



SCHOOL FARM TREATS!



As a part of the project, '**Contextualising Education with Farming and Ecology,**' the school's education team started a poly house in the previous year. Brinjal, tomatoes, capsicum, cucumber, pumpkin, and bottle gourd, amongst other vegetables, were planted after completion of the farm's initial setup.

This year the area experienced a deficit in monsoon rains. However, with the water supply in place and after much patience and care, the school farm started showing some produce in August and September. Thanks to these efforts, we had a good bounty of produce that we used in our in-house canteen, much to our team's delight!





BABY NEHA, FROM VILLAGE NAI

The global under-five mortality rate has declined by 59 percent, from 93 deaths per 1,000 live births in 1990 to 38 in 2019. Despite this considerable progress, improving child survival remains a matter of urgent concern. In 2019 alone, roughly 14,000 under-five deaths occurred every day, an intolerably high number of mostly preventable child deaths (Child-survival, UNICEF, 2019).

Neha, a baby girl from a remote village, Nai in Nainital, was diagnosed with fever and had difficulty breathing. At first, the locals advised her family to give her a potion made of local herbs to help cure her breathing problems. When Aarohi's Community Health Nurse (CHN) got to know Neha's condition, she talked to Neha's parents and advised them to take her to a hospital without further delay.

After several medical tests and a clinical examination at a local hospital in Haldwani, Neha was diagnosed with severe pneumonia. Despite the administration of pneumonia-related medication, her condition did not improve. She was eventually referred to another multi-speciality hospital, where on further investigation, she was detected with loculations in the lungs along with Tuberculosis, which required thoracic surgery. Neha underwent surgery and extensive treatment during the hospital stay. She was discharged once the subjective distress was significantly reduced, and X-Rays started showing improvement. The treatment would continue, however. On Neha's return, Aarohi's CHN and the government-appointed ASHA worker visited her house weekly to ensure medication continuation, maintenance of hygiene, and nutrition.

Neha is now a little over a year and is on her road to recovery. We wish that infants like Neha get medical attention and timely treatment through such concentrated health interventions.



HAPPY BIRTHDAY, AAROHI

We turned 28 on August 17, 2020. Like the seeds of rural development in the area were sown 28 years back in Village Satoli, Team Aarohi planted around eighty saplings of indigenous trees on its birthday on August 17, 2020, committing to a better, greener future! We live in the hopes of evolving with dedication and passion for nurturing our vision of integrated rural development. Oona, our founder, remains our guiding light, whose memory is still alive, quietly egging us on.



Join us on this adventurous journey of rural mountain development.

Read about our work on www.aarohi.org

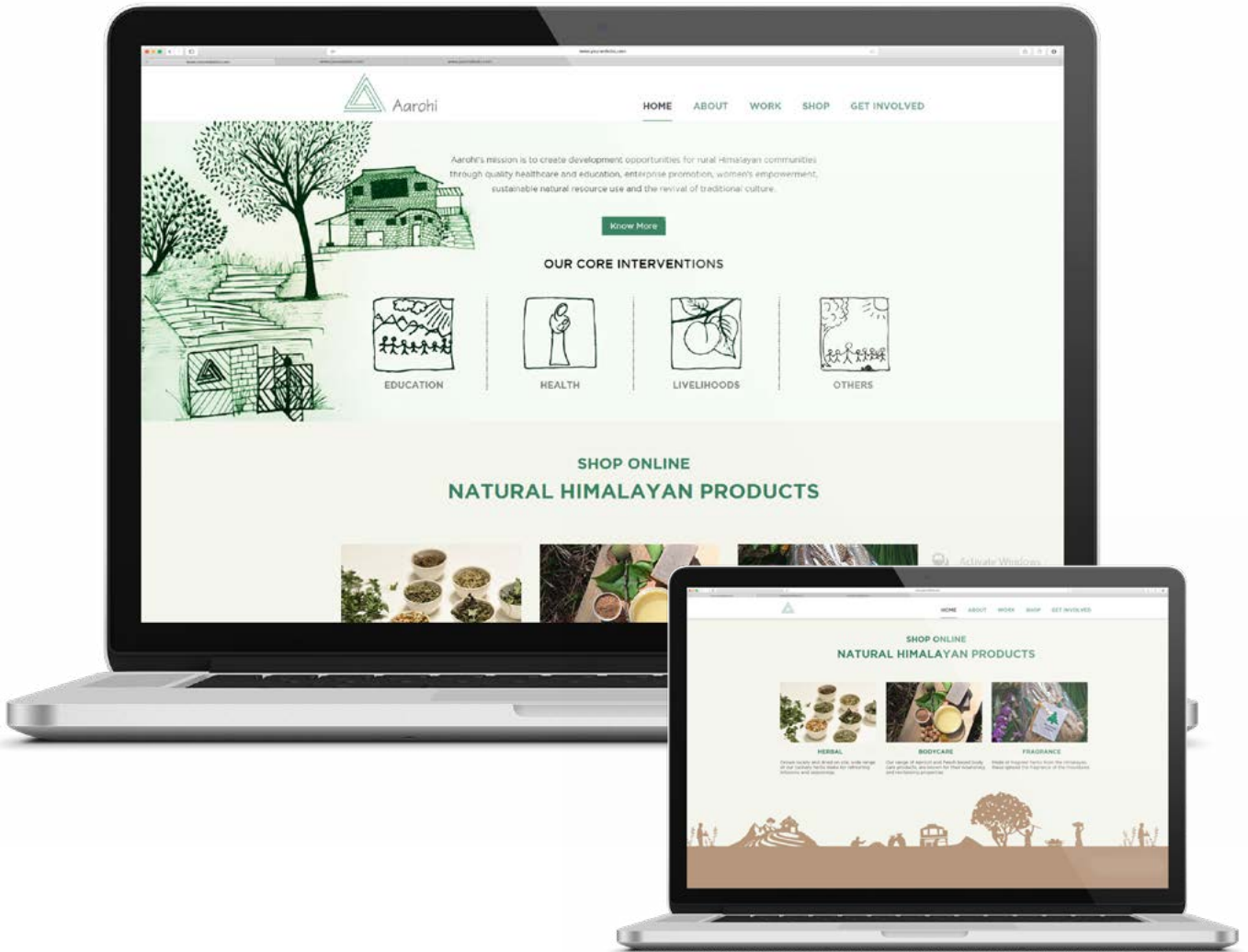
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AAROHI'S WEBSITE HAS UNDERGONE A MAKE-OVER!

GO CHECK IT OUT NOW



WWW.AAROHI.ORG



WANT TO GET INVOLVED?

You can become a member of Aarohi or make a donation towards any of our projects. You can reach out to your family and friends and talk about our work. You can help spread the word.

For more information email us at info@aarohi.org

DONATE ONLINE!

We have partnered with Global Giving offering an easy and safe platform for online giving. **Go to www.globalgiving.org and search for 'Aarohi'.**

JOIN HANDS

We welcome doctors, teachers, managers, designers, musicians, theatre persons, IT professionals or anyone with a desire to share his or her skills to volunteer with us. Aarohi encourages creative ideas and provides a unique opportunity to experience a different way of living and working.

All contributions to Aarohi are eligible for Income Tax Exemption under section 80G of the IT Act.



Aarohi

Aarohi is a voluntary organisation founded in 1992. It is registered under the Societies Registration Act, 1860. It is also registered u/s 80 G and 12 A of the IT Act and under the FCRA.

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