



NEWSLETTER

October to December 2020

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OUR NEW MOBILE MEDICAL VAN (MMU) IS HERE!



The MMU service started in April 2014 with the support of Sir Dorabji Tata Trust (SDTT), State Health Mission and District Health Administration, Nainital. It has successfully completed more than five years in the Ramgarh, Dhari and Okhalkanda blocks of Nainital.

The MMU camps conducted from the 1st to 8th day of each month cover a population of more than fifty thousand in 125 villages over 500kms. From deliveries of babies on the van to referring critical cases at the right time to better care for mothers and children, the success stories of the MMU have been heart-warming for us at Aarohi.

To improve our services for people in remote villages of Rural Kumaon, we dreamt of a new MMU bus with better facilities and equipment. The Swiss Himalayan Amity (SHA), NAJBO Foundation and Bajaj Auto made this dream come true with their generous financial contribution and support. Oct 3, 2020, marked the inauguration of our new MMU bus. We are grateful to our team of doctors, paramedical team, well-wishers, friends and family of Aarohi who have supported, encouraged and joined us on this incredible journey!



AAROHI'S 28TH ANNUAL GENERAL BODY MEETING



On Nov 20, 2020, Aarohi conducted its 28th Annual General Body Meeting. Shri Tikam Singh Bishtji chaired the meeting. Mr. Mohan Chandra Kabadwal and Mr. Taradutt Kabadwal, old friends of Aarohi, were invited as the chief guests. Members of the management committee, life members of the organization, ordinary members and institutional members were invited for the occasion. Among the managing committee members were Dr. (Col.) Chandra Shekhar Pant, Mr. Gopal Negi, Dr. Pankaj Tiwari, Ms. Neha Jacob.



The highlight of this year's meeting was obtaining unanimous approval on management's previous proceedings. The most important of them was the registration of Aarohi's Livelihoods unit as a separate entity by the name 'Oona,' which was registered under the Deputy Registrar Firms Society, Haldwani, Uttarakhand. We look forward to widening our scope of promotion of sustainable rural livelihoods through this new development



SPONSOR A CHILD CAMPAIGN LAUNCH

Sponsor a Child @Aarohi Bal Sansar

Give wings to their dreams and strength to those wings



Donate Rs. 18,000 per year to keep a child learning

You can also contribute Rs.1,500 per month for as many months you wish

In light of the worldwide pandemic, education has been indirectly affected in many parts of the world, especially the rural areas. In these challenging times, it has been even difficult to sustain a donation-based school like Aarohi Bal Sansar. Aarohi is looking for your kind support to educate little ones from the rural mountain villages.

Aarohi Bal Sansar, a middle level school, was started in the year 1994, in a small mountain village of Peora of Nainital District, Uttarakhand. It is a vibrant learning space, sensitively designed for children; nurturing them through quality education using appropriate curriculum, creative teaching methodologies and sufficient infrastructural resources. Most of Aarohi students come from underprivileged rural farming families although they are keen to learn and have potential to do extraordinary in life.

For online donation Bank Account Details:

Name of the A/C- AAROHI EDUCATION FUND

A/C No – 2324101004007

Bank- Canara Bank

Branch- Almora

IFSC- CNRB0002324

All contributions to Aarohi are eligible for Income Tax Exemption under section 80G of the IT Act

Utilization of Donation:

- Tuition Fee
- Learning Materials
- Educational Visits
- Sports, Culture and Arts exposure
- Supplementary Nutrition
- Regular Health Checkups

For more information contact:

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Email- edu@aarohi.org

www.aarohi.org



HKT SCHOLARSHIP- WE'RE LOOKING FOR DESERVING GIRL CANDIDATES. HELP US CONNECT!

श्री हरिकृष्ण त्रिवेदी मैमोरियल फण्ड

सुपई, छानी, अलई नैनखोला, पल्युं, शील, धारी, पांडेतोली, बमनतीलाड़ी, खासतीलाड़ी तथा सिमखल्या हेतु

बालिका शिक्षा प्रोत्साहन छात्रवृत्ति 2020-21



छात्रवृत्ति का विवरण

छात्रवृत्ति का नाम एवं योग्यता	कोर्स का नाम	धनराशि रु० (प्रतिवर्ष)	अवधि	कुल छात्रवृत्ति संख्या
स्नातक छात्रवृत्ति 55% अंकों से ऊपर 12वीं उत्तीर्ण	B.A., B.S.C., B. TECH, B. COM, अन्य स्नातक कोर्स	8,000/-	3 से 4 वर्ष	4
स्नातकोत्तर छात्रवृत्ति 55% अंकों से ऊपर 12वीं उत्तीर्ण	M.A., M.S.C., M. TECH, M.S.W., M. COM, अन्य स्नातकोत्तर कोर्स	12,000/-	2 से 3 वर्ष	4
व्यवसायिक छात्रवृत्ति 55% अंकों से ऊपर 12वीं/ स्नातक उत्तीर्ण	NURSING, B. ed, Diploma Course, Hotel Management अन्य व्यवसायिक कोर्स	20,000/-	2 से 3 वर्ष	3

:: प्राथमिकता ::

- अनाथ
- एकल अभिभावक
- दिव्यांग बालिका
- दिव्यांग अभिभावक
- एक परिवार में 3 बालिका तथा मासिक आय रु० 12,000 से कम

छात्रवृत्ति वयन हेतु आवश्यक नियम:

- 1- छात्रवृत्ति में वयन हेतु समस्त शैक्षिक दस्तावेज तथा पासपोर्ट साईज की फोटो प्रस्तुत करना अनिवार्य है।
- 2- छात्रवृत्ति में वयनित बालिका को प्रत्येक तीन माह में जीवन कौशल की कक्षाओं में प्रतिभाग करना अनिवार्य है।
- 3- अर्द्धवार्षिक परीक्षा परिणाम सांझा करना अनिवार्य है।
- 4- प्रत्येक वर्ष छात्रवृत्ति का रिनबल फार्म तथा परीक्षा परिणाम सांझा करना अनिवार्य है।
- 5- आवेदन प्राप्त होने के पश्चात सुपई छात्रवृत्ति समिति द्वारा आवेदन पत्रों का आंकलन कर सर्वसम्मति से निर्णय लिया जायेगा।

छात्रवृत्ति फार्म दिनांक 10.12. 2020 से क्षेत्रीय कार्यालय सुपई तथा श्री चन्द्रशेखर पाण्डे, कार्तिके ट्रेडर्स-बाड़ेछीना से प्राप्त करें।

फार्म जमा करने की अन्तिम तिथि 25.12. 2020 फार्म क्षेत्रीय कार्यालय सुपई में ही जमा करने होंगे।



ग्राम सतौली, पोस्ट प्यूड़ा, जनपद नैनीताल, उत्तराखण्ड 263138

अधिक जानकारी हेतु सम्पर्क करें: 7465088932 क्षेत्रीय कार्यालय बाड़ेछीना | 9427014145 आरोही मुख्यालय, ग्राम सतौली, नैनीताल



AAROHI EDUCATION OUTREACH- BLOSSOMING SKILLS WITH PERFORMING ARTS

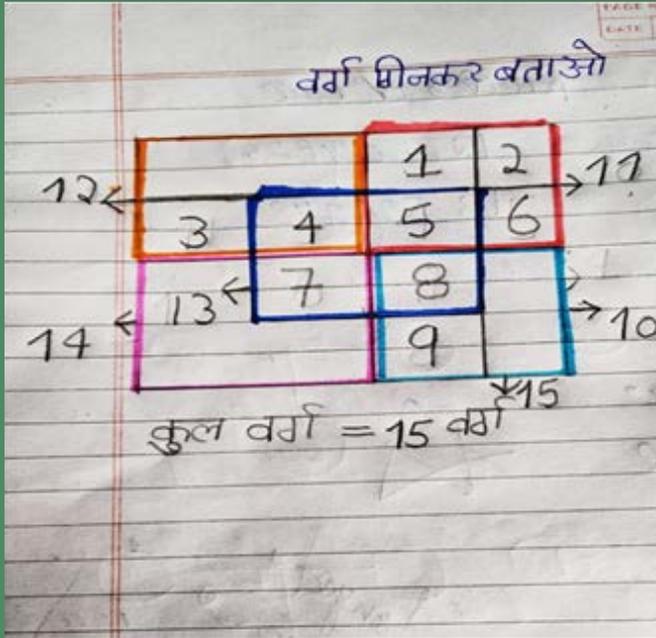
Amid indefinite school closures, while educators are conducting trials on the flexible learning mode, the Aarohi Education outreach team took a creative step to reach out to children in village Seem, near Khairna. With support and trust from Happy Children's Library, performing arts workshops have been conducted every fortnight with two sets of children.

Arts have been a fun way for children to express themselves, their emotions and explore and improve their unique talents. Whether children enjoy acting, singing, dancing, or a behind-the-scenes role, they find delight in expressing and enhancing their unique skills

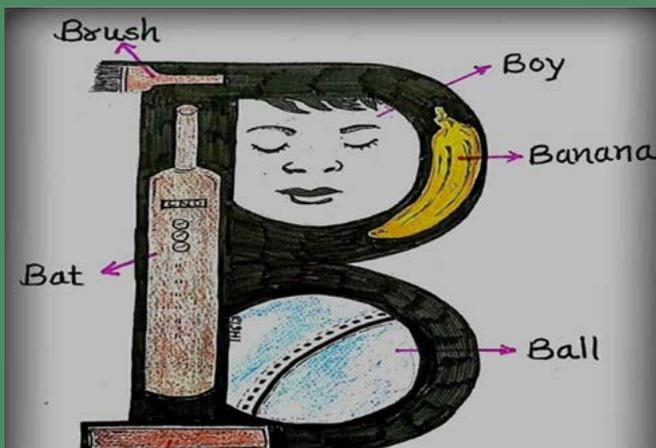
This intervention uses theatre and dance as a medium for building social, emotional and communication skills. Various fun workouts also improve flexibility, balance, and coordination. Jaya and Atul, the founders of Happy Children's Library, have been a great source of learning and support. We are excited to continue the sessions for a few more months and culminate the process into a theatre production along with an action-based research paper.



DIGITAL LEARNING @ AAROHI BAL SANSAR



In light of the COVID-19 pandemic globally, Aarohi's education team also conducted an e-learning intervention starting in April 2020. After running the project for six months, the team conducted a rapid online assessment to study the challenges caused by the epidemic, measures taken to mitigate them, and efficiency of the intervention, focusing on Himalayan learners from surrounding villages. The Aarohi Bal Sansar teachers tried their best to reach out to each parent and collect data over the phone.



Area of Study- 12 villages under the Ramgarh development block, District Nainital, State- Uttarakhand.



Highlights:

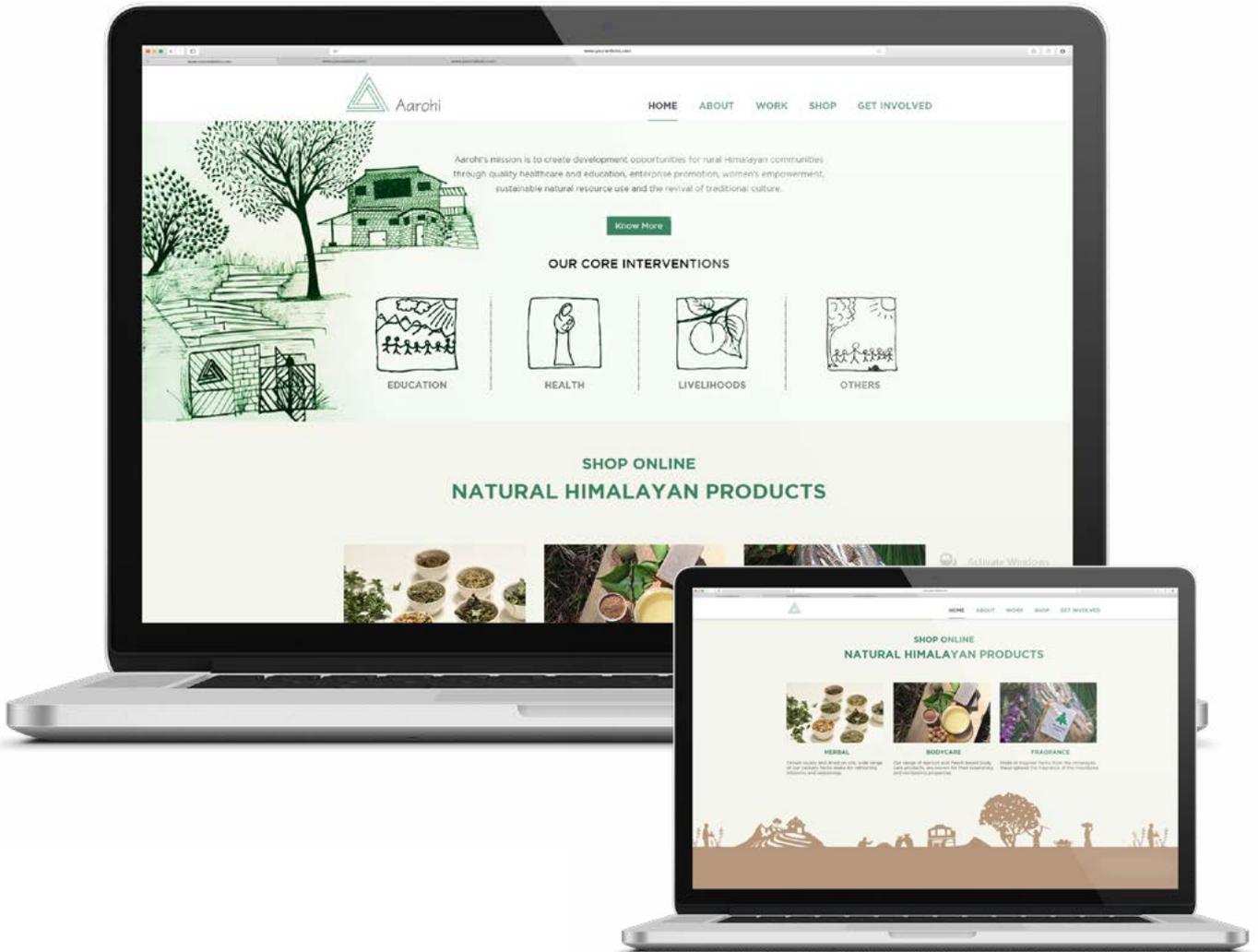
- 76% of the parents of ABS were available on WhatsApp
- 42% of the parents made sure their children sent work every day
- 60% of the children could be monitored through online intervention
- 80% of the teachers had no network or technical issues



FOREST FIRE IN WINTERS

While it was freezing in Kumaon, the forests were on fire. We witnessed long lit stretches of forest fire in and around Satoli. Many a times the fire spread close to Aarohi premises. Aarohi team residing in the nearby areas, along with the support from the community managed to control the spread. In spite of the odd hours, people came together to prepare firebreaks. This time 'crossfire', another method of controlling the spread was tried out. According to the experts, the two main reasons for the raging fire have been the rising temperature and insufficient rainfall during the monsoons. As per the data, Reserve forests in Kumaon region lost 89.52 hectares of forest cover to 64 counts of fire incidents; civil forest lost 44.35 hectares to 25 counts. The fires caused a loss of Rs 460,110 to the state. We hope for good rains and snowfall in coming time of the year.





AAROHI'S WEBSITE HAS UNDERGONE A MAKE-OVER!

GO CHECK IT OUT NOW



WWW.AAROHI.ORG



WANT TO GET INVOLVED?

You can become a member of Aarohi or make a donation towards any of our projects. You can reach out to your family and friends and talk about our work. You can help spread the word.

For more information email us at info@aarohi.org

DONATE ONLINE!

We have partnered with Global Giving offering an easy and safe platform for online giving. **Go to www.globalgiving.org and search for 'Aarohi'.**

JOIN HANDS

We welcome doctors, teachers, managers, designers, musicians, theatre persons, IT professionals or anyone with a desire to share his or her skills to volunteer with us. Aarohi encourages creative ideas and provides a unique opportunity to experience a different way of living and working.

All contributions to Aarohi are eligible for Income Tax Exemption under section 80G of the IT Act.



Aarohi

Aarohi is a voluntary organisation founded in 1992. It is registered under the Societies Registration Act, 1860. It is also registered u/s 80 G and 12 A of the IT Act and under the FCRA.

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