



Aarohi

NEWSLETTER

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BUILDING PRODUCTS AND PARTNERS

Aarohi's Livelihood Promotion Programme has been busy building connections and developing new products. A business partnership with Ramnagar's Corbett the Bagh Spa was formed. They have provided Aarohi with three prospective business connections in the hospitality industry. New product packaging for soap, gift packs, and other items were produced with a new vendor in Kashipur. Liquid soap, Shampoo bars, Fruit pulp soaps, Cleanser, and body butter are among the new products being developed.



A three-day exhibition with the ICCR (Indian Council for Cultural Relations) was attended, resulting in a total revenue of INR 35000/- in three days. During this meeting, a new avenue for exporting Aarohi products opened up.

SHGs attended a training at SOS Children's Home, Bhimtal. The training on SHG management lasted two days. This training was attended by a group of approximately 28 participants. It's been a good time of collective benefit and establishing a new training contact.

SURGICAL CAMP AT AAROHI AROGYA KENDRA



Globally, 5 billion people lack timely access to safe and affordable surgical care, with over a fifth of them living in India. Solving India's surgical access issues can have high returns on investment. Unavailability of Surgeons, Anesthetists, and Obstetricians, lack of access to healthcare are few of the major challenges to meet the needs of the communities.

In February 2022, Aarohi Arogya Kendra (AAK) conducted our annual reconstructive surgery camp, which was combined with a Urology camp. The highlight of Urology camp is the use of lithotripsy machine for the management of the rampant ureteric and renal stones found amongst the local population. Use of technologically advanced equipment

is a huge benefit to the local population, who are getting surgical procedures at highly subsidized rates. The out of pocket expenditure of patients is directly reduced as the services are available near to their homes.

A total of 102 patients were screened and about 20 patients got their surgery done during this surgical camp. We thank our volunteer surgeons Dr. Gnanaraj and Dr. Rajiv Usgoscar, Anesthetists Dr. Sushil Sharma and Dr. Smita Usgoscar who helped us to conduct one more successful surgical camp at our cottage hospital.

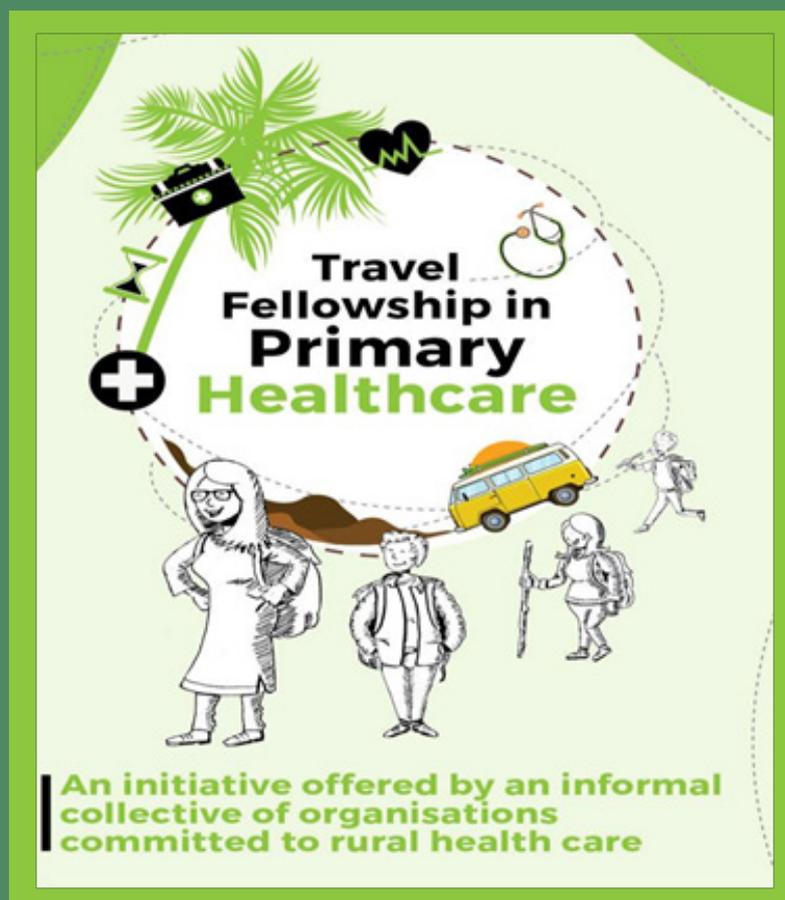
Addition to our quarterly surgical camp interventions, we have initiated monthly cardiology specialist camps at AAK.



A JOURNEY TOWARDS HEALTH FOR ALL- A TRAVEL FELLOWSHIP IN PRIMARY HEALTH CARE

Aarohi Arogya Kendra (AAK) now partners with the travel fellowship in Primary Healthcare – an initiative offered by an informal collective of organizations committed to rural healthcare. First batch of fellows are already here to contribute and learn from the mountain communities.

The Rural health care collective is offering a one-year travel fellowship, for young doctors after their MBBS or post-graduation to explore alternate approaches to rural and primary health care and what they can do to address health needs in the country. The program consists of three stints in rural hospitals, primary health care programs and social development initiatives and includes interactions with mentors and practitioners in the field, networking and cross-learning with fellow-travelers.



For more information, please check the following link

<http://ruralsensitisationprogram.org/thi-fellowship-program/>



28TH ANNUAL DAY CELEBRATION OF AAROHI BAL SANSAR



On 31st March 2022, the 28th Annual Day was celebrated at Aarohi Bal Sansar (ABS). The chief guest of the programme was District Education Officer (DEO), Nainital Mr. Harsh Bahadur Chandra. Children performed various plays and cultural events during the programme. The children were also distributed certificates and prizes to those who performed best in academics, sports and co-curricular activities. Parents also enjoyed and participated in the event. The activities and outputs of all sectors of Aarohi were also displayed during the event.



VISIT OF VICE CHANCELLOR FROM DELHI SKILL AND ENTREPRENEURSHIP UNIVERSITY (DSEU), DELHI

The Vice-Chancellor Prof (Dr.) Neharika Vohra along with a team of professors and researchers visits Aarohi on 1st February 2022. The purpose of the visit was to get informed with to understand the entrepreneurial landscape of Uttarakhand more specifically for women entrepreneurs and enterprises. The team interacted with the women entrepreneurs and LPP team along with the Executive Director to understand their empowering journey through Aarohi and visited our sustainable micro-enterprises while exploring the learnings from these models for their proposed Women Entrepreneurship Project at DSEU.



PARTNERING WITH INDIAN INSTITUTE OF MANAGEMENT (IIM), KASHIPUR



AAROHI is to be one of the partner organizations with Indian Institute of Management (IIM), Kashipur under their initiative “Experiential Learning in Sustainability Management” for Exploring Environmentally Friendly Packaging & Boosting Branding & Social Media Marketing Efforts for niche products.

Sharing of learnings and roundtable meet was organized by IIM, Kashipur on 26-27th March for future planning and strengthening the Experiential Learning Programme in coming years represented by Dr. Pankaj Tewari, Executive Director, Aarohi. The Director of institute Prof. Kulbhusan Balooni along with Prof, Vaibhav Bhamoriya, Prof. Vivek Roy and Prof. Kumkum Bharti shared their views and way forward with the partner organizations and had an interactive discussion. Partners were also felicitated with a memento by the Director of IIM.





SUPPORTING YOUTHS FOR SPORTS AND PHYSICAL TRAINING

The availability of playground and allied facilities is one of the biggest challenges and thus the sports activity gets hampered if it is required for professional skills. To promote the sports activity and physical training, the young and enthusiastic youth and cricketer has been given the opportunity to coach local youths for cricket and other games through his Sports Rebel Academy. Aarohi has provided the playground to the academy during off time of school for preparing youths towards sports and physical training.



EXPOSURE VISIT FOR TECHNICIAN DEVELOPMENT PROGRAMME UNDER SKILL VIGYAN PROGRAM BY GBPNIHE, ALMORA



A three-day exposure cum training program was organized in March 2022 for the trainees under technician development program for entry level jobs in technical cadre under Skill Vigyan Program organized by GBPNIHE, Almora (Institute of MoEF&CC, GoI) and supported by DBT, GoI & UCOST, Dehradun. The purpose was to develop their understanding towards product development and to understand the concept of rural enterprise and how the process of product development is carried out by them for ensuring quality lab tests and assurance of safety.



WORKSHOP ON 'GOOD TOUCH, BAD TOUCH' FOR CHIRAG SCHOOL STUDENTS



Children being figures of innocence, their abuse/ exploitation is very easy and common and hence keeping their safety in mind Chirag school approached us for an introductory session with children of class 5th on “Good touch bad touch” (Safe touch and unsafe touch)

We enacted a story which spoke about the intuitions in such situations, how such scenarios present themselves to kids and the ways they can escape these situations without being a victim of it.



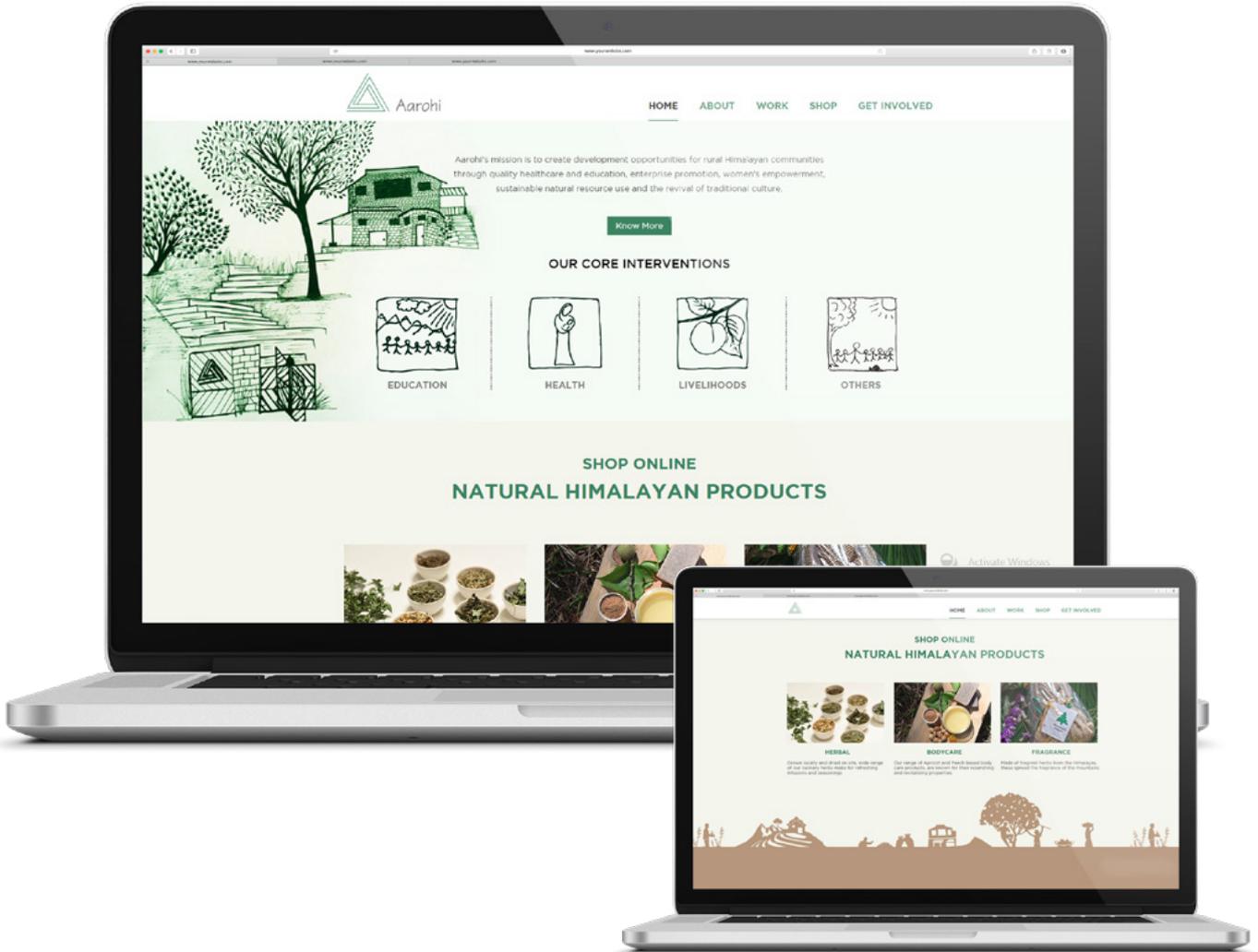
RECOMMENCING OF EDUCATION OUTREACH PROGRAM



After a year of hiatus following the pandemic, the outreach education program was restarted. With the belief that education is the catalyst for social transformation, Aarohi, with support from Wipro Education Foundation, has been working to strengthen the skills of key actors in the school education system. Through this three years long initiative, Aarohi aims to improve access to high-quality education in 15-18 remote and underperforming schools, as well as 6-8 Anganwadi centers in three Nainital district blocks: Ramgarh, Dhari, and Okhalkanda. Structured capacity development and introduction of creative art-based learning platforms remains the focal point of the intervention.

In the first quarter, a core team of young passionate teaching aspirants was formed through an elaborate recruitment drive in the three blocks. It was quite an insightful process. This followed by a three-day long orientation training where the team was introduced to the organization, the objectives and activities of the project, and their roles and responsibilities. The participants got a taste of the contemporary and creative learning methodologies. With hope and positivity, we look forward to lots of learning experiences through this project.





AAROHI'S WEBSITE HAS UNDERGONE A MAKE-OVER!

GO CHECK IT OUT NOW



WWW.AAROHI.ORG



WANT TO GET INVOLVED?

You can become a member of Aarohi or make a donation towards any of our projects. You can reach out to your family and friends and talk about our work. You can help spread the word.

For more information email us at info@aarohi.org

DONATE ONLINE!

We have partnered with Global Giving offering an easy and safe platform for online giving. **Go to www.globalgiving.org and search for 'Aarohi'.**

JOIN HANDS

We welcome doctors, teachers, managers, designers, musicians, theatre persons, IT professionals or anyone with a desire to share his or her skills to volunteer with us. Aarohi encourages creative ideas and provides a unique opportunity to experience a different way of living and working.

All contributions to Aarohi are eligible for Income Tax Exemption under section 80G of the IT Act.



Aarohi

Aarohi is a voluntary organisation founded in 1992. It is registered under the Societies Registration Act, 1860. It is also registered u/s 80 G and 12 A of the IT Act and under the FCRA.

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