



NEWSLETTER

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AN ACTION-PACKED QUARTER AT AAROHI BAL SANSAR

An Art & Craft Workshop by Mr. Vishwajeet and Buddhadev Mukherjee from Kolkata. The students learned to make beautiful colorful masks. A personality development session was organised by Mrs. Monica Shah Drego based on personal interactions, test activities based on thinking styles, mind mapping and brainstorming activities, to develop higher order thinking skills and encourage creative thoughts. ABS organized Environment Day celebrations where the entire teaching staff along with the students participated under the theme 'Beat Plastic Pollution'. An environmental awareness campaign was initiated by the forest department of Peora, at ABS. This initiative was initiated by the Ministry of Environment in association with the forest departments with an objective to create environmental awareness and mobilize students' participation for environment conservation.



The National Geographic Channel organised an engrossing workshop at ABS. The International Yoga Day was celebrated at ABS in collaboration with the Jagmohan deen dayal gramini swarozgar sanstha, and the Sheetla hills. A three-day life skills collaborative visibility workshop was organised by 'Room to Read' at Dehradun where teachers from ABS also participated. Millets have been an integral part of our diet for centuries, with the aim to create awareness and increase production and consumption of millets. The United Nations at the behest of the Government of India, declared 2023 the international year of millets. To commemorate this ABS organised a session to create awareness among the students regarding the nutritional value of millets and providing a healthy substitute for junk food. Author, Padma Shri awardee, India's first woman editor of a national newspaper, and Kumaon's beloved daughter, Mrinal Pande along with her husband Mr. Aravind Pandey, retired IAS officer, visited ABS and addressed the students sharing her experiences as a student.



CLIMATE COMMUNITY BIODIVERSITY PROGRAM (CCBA)

AAROHI is implementing a large-scale plantation program in Van Panchayats of Kumaon Himalayas with the funding support of VNV. Its authorized share capital is Rs. 100,000 and its paid up capital is Rs. 100,000. The objective of the program is to strengthen the local Van Panchayats through massive plantations and create livelihood opportunities also. AAROHI is working with five districts of Kumaon. Currently the plantation and direct seed sowing program “Harela Mahotsav” is in progress and completed 60 Ha under 12 programs. The prioritized species are commonly community demand basis.



SUSTAINABLE RURAL LIVELIHOOD PROGRAM (SRL)

Sustainable Rural Livelihood (SRL) is another landmark program of AAROH. The objective of the program is to enhance local farming communities through various livelihood-based activities. A training program entitled “Scientific Approach for the Sustainable High Density Apple Cultivation” was organized at Village Jalna, in the month of July, 2023. On the demand of local communities 125 kg Rajma seed was distributed in Ramgarh and Dhari Block.



HEALTH

Nutritional support assistance with the district administration Nainital for 6 TB patients was completed in April. 3 patients from Ramgarh & Okhalkanda block respectively were supported. AAK conducted its quarterly surgical camp from 12th to 15th May. Total of 15 General & Urological surgeries were performed. Mashaal - a 2 day public health leadership in collaboration with Maulana Azad Medical College, Delhi was conducted at Aarohi's Head office. 20 participants from the country took part in the event. A bi-annual health checkup of the students of Aarohi Bal Sansar was conducted in June.



EDUCATION OUTREACH PROGRAM

An academic year-end training of Shiksha Sahayaks themed 'Looking Back Looking Forward' was conducted. This was followed by an exposure visit to Kailashpushp Trust run Happy Children's Library in Village Seem, where the team got an exposure to understanding and building reading skills in young rural learners. This also gave them a platform to attend a hands-on science workshop by 'Alliance for Science' Team from Berinag.

Under the outreach education objective, we aim at bringing creative variations in teaching-learning within the rural classrooms. Keeping this in mind, we bring in experts to add these variations into the project. This quarter we created gamified Content for the early learners with the support from Mr. Abhijith- an intern from Indian Design School, IIT Mumbai.



WANT TO GET INVOLVED?

You can become a member of Aarohi or make a donation towards any of our projects. You can reach out to your family and friends and talk about our work. You can help spread the word.

For more information email us at info@aarohi.org

JOIN HANDS

We welcome doctors, teachers, managers, designers, musicians, theatre persons, IT professionals or anyone with a desire to share his or her skills to volunteer with us. Aarohi encourages creative ideas and provides a unique opportunity to experience a different way of living and working.

All contributions to Aarohi are eligible for Income Tax Exemption under section 80G of the IT Act.



Aarohi

Aarohi is a voluntary organisation founded in 1992. It is registered under the Societies Registration Act, 1860. It is also registered u/s 80 G and 12 A of the IT Act and under the FCRA.

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